

# Sedation Post-Op Information

**Mood & Memory.** The effects of the sedative medications may cause prolonged drowsiness, visual disturbances, nausea, altered mood, and an increased emotional state. The medications used for your sedation have an amnesic effect that can be prolonged. The patient will likely have little to no recollection of the procedure. Some patients may also not be able to recall several hours after the procedure as well. Be advised that sedation medications affect everyone in a different manner. Some effects may be more severe than others.

**No Staying Alone During the First 24 Hours.** As mentioned in your pre-op appointment, it is unsafe for you to be alone during the first 24 hours because you may still be groggy after your sedation. Ask the companion who drove you to stay and monitor you during this time. It is normal to have the desire to sleep for extended periods of time after your sedation.

**Driving.** It is NOT safe for you to drive in the first 24 hours after your sedation dentistry procedure. This includes operating any machinery or hazardous devices within the first 24 hour period.

**No Important Decisions.** Put off making any important decisions in the first 24 hours after you've had a dental procedure in which sedatives were used. You will not be in the best state of mind to think clearly and make proper decisions.

**Limit Physical Activity.** All physical activity should be limited within the first 24 hours after sedation medications have been administered. You are considered a high risk for falling and must use extreme caution. The use of stairs should be avoided and never attempted without assistance within the first 24 hours.

**Your safety is our number one concern, so please contact our office @ 706-863-5337 with any questions. If it is after normal business hours, Dr. Bullard's cell phone number is on our office voicemail. Please do not hesitate to call.**